

PDF - ATTITUDE OF NURSES TOWARDS RELAPSE PREVENTION AMONG PSYCHIATRIC PATIENTS IN FEDERAL NEUROPSYCHIATRIC HOSPITAL BARNAWA, KADUNA - researchcub.info

Nursing Staff and the Hospital has suffered frustration seeing the readmission of patients, whom were recently discharged home after being stabilized on admission. Some patient relapse as soon as they are discharged home. Other on trials discharge relapse while other still relapse while on admission. Various factors ranging from financial problems, lack of adequate staff have contributed to the relapse of patients. Some patients have about a day or two days journey distance to the hospital resulting in poor monitoring and accessibility to the mental health services. Other factors also include stigmatization and dependency on care giver. All these have contributed in the frequency of relapse experienced in the care of these groups of patient leading to the social disability.

Hence, resulting in the following:

- Low manpower
- Untold hardship
- Financial constraints
- Societal nuisance

If not properly handled and solutions found, the economy may suffer and the society will be at a loss apart from the untold hardship. This is what motivated the researcher to investigate the cause, give suggestions, remedy the situation and also reduce the high rate of relapse.

1.3 Objective of the Study

1. To evaluate the relationship between the educational background of the Nurses and their attitude towards prevention of relapse.
2. To ascertain he relationship between the status of the Nurse and her ability to prevent relapse among psychiatric patients.
3. To determine the relationship between the experience of the Nurse and their ability to identify symptoms of relapse.
4. To find out whether poverty can predispose psychiatric patient to relapse.
5. To determine the relationship between drug compliance among psychiatric patient and relapse prevention.

1.4 Significance of the Study

The significance of this study is to help Nurses develop a positive attitude towards the care to the psychiatric patient thereby reducing the incidence of relapse.

1.5 Research Questions

1. What is the relationship between the educational background of the Nurse and their attitude toward relapse prevention?
2. What is the ability of the Nurse towards Relapse prevention among psychiatric patients?
3. What is the experience of the Nurse toward identifying symptoms of relapse?
4. Can poverty predispose psychiatric patients to relapse?
5. Can drug compliance prevent relapse among psychiatric patient?

1.6 Scope of the Study

The scope of this study is restricted to Federal Neuropsychiatric Hospital Barnawa Kaduna which is one of the tertiary healthcare institutions owned by the federal Government of Nigeria.

1.7 Limitation of the Study

Financial Constraint as there is no adequate Funds.

The limitations of this study were due to lack of time due to the limited time within which the study had to be carried out.

1.8 Operational Definition of Terms

Attitude: The way you think and feel about something.

Disability: Any restriction or lack of ability to perform an activity in the manner or within the range considered normal for a human being.

Management: The process of treatment or control of disease or disorders or the care of patient who suffer them.

Nurse: A person whose job is to care for people who are ill.

Psychiatric Nursing: This is a branch of medicine that deals with the prevention, treatments, diagnosis, cause of mental illness.

Prevention: To keep away from happening or arising or stop from occurring.

Psychiatric Patient: Person who suffers from mental illness which could be minor or major.

Rehabilitation: Restore to effectiveness or normal life by training especially after illness.

Relapse: The return of disease after an interval of convalescence.

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